

ISLAND LAKE LODGE

BEAR BISTRO



STARTERS

CALAMARI BRAVA 22

crispy squid | peppers | jalapenos | herbs | tzatziki | brava salt | lemon (GF)

CRISPY CHICKEN TENDERS 20

butter milk marinated | choice of spicy honey mustard or ranch

LETTUCE WRAPS 23

choice of shredded short rib or roasted mushroom | pickled vegetables | cilantro | steamed rice | sambal aioli (GF)



SHARE

BEAR FRITES *full 18 / half 11*

brava salt | aioli

CHEESE PLATE 36

trio of local cheeses | preserves | fresh fruit | crackers (2 people)

MEAT BOARD 34

selection of local cured meats | preserves | pickles | crackers (2 people)

CHARCUTERIE PLATTER 59

selection of local cured meats | trio of local cheeses | dried fruit | preserves | pickles, crostini (3-4 people)



SALADS

BEAR SUMMER SALAD

meal 19 / starter 11

local greens | seasonal vegetables | herbs | preserved lemon dressing (V, GF)

LODGE CAESAR

meal 19.75 / starter 12

baby romaine | lodge-made caesar dressing | grilled focaccia | bacon | parm crisps | grilled lemon

TOMATO SALAD 25

homestead tomatoes | whipped feta | croutons | basil | preserved lemon balsamic dressing (V)

optional accompaniments

blackened chicken breast \$9.5 | garlic shrimp skewer \$8

ISLAND LAKE'S "TAKE A HIKE" BURGER + BEER SPECIAL 27

available exclusively to "Take A Hike" participants

Choice of one Fernie 355ml:

P9 | Hit the Deck | Headwall | What the Huck | Campout |
Waymark West Coast Pale Ale | LOGO 0.5% Pilsner |
LOGO 0.5% Hazy IPA

Choice of delicious burger:

wagyu burger | american cheddar | onion | lettuce |
tomato | burger sauce "le bon pain" bun
veggie option: mushroom burger + swiss cheese

How It Works:

Hike this week's trail, snap a photo at the "iconic photo spot", tag us in your post on Instagram & show your server to redeem!
<https://www.islandlakeridge.com/iconic-photo-spots>



MAINS

YELLOWFIN TUNA POKE 29

red cabbage | pickled vegetables | edamame | herb salad |
avocado | soy sauce egg | sushi rice |
sambal mayo | wonton crisps

SMASH BURGER 26

two 3oz beef patties | american cheddar | burger sauce |
"le bon pain" brioche bun

MUSHROOM SWISS BURGER 24

miso-chipotle marinated portobello mushroom | crispy tofu |
swiss cheese | burger sauce |
red onion | lettuce | "le bon pain" brioche bun (V)

CRISPY CHICKEN SANDWICH 29

chicken karaage | siracha aioli | house slaw | pickled red onion |
"le bon pain" brioche bun

MISO RAMEN 22

miso broth | ramen noodles | soy egg | charred corn | green onion |
sauteed spinach | wakame



DESSERT

HOMEMADE ICE CREAM SANDWICH 17

triple-chocolate or salted caramel | chocolate chip cookie

ANGEL FOOD CAKE 14

raspberry coulis | whipped mascarpone cream cheese (GF option)

BACKCOUNTRY "CAKE-IN-A-JAR" 15

a signature, weekly special from our pastry chefs

COCKTAILS

SUNNYSIDE 14

Tanqueray Gin | lavender lemonade

SUMMER BERRY MOJITO 15

Bacardi White | lime juice | mixes summer berries | mint | soda

LODGE CAESAR 14

Absolut Vodka | lodge caesar mix | clamato | pickled bean

STRAWBERRY APEROL SPRITZ 16

Aperol | strawberry syrup | sparkling brut | soda

HOT HONEY PALOMA 16

Jose Tradicional Tequila | hot honey | lime juice | grapefruit juice | soda

CUBA LIBRE 14

Sailor Jerry Spiced Rum | pepsi | lime juice | fresh limes

EARL GREY ICED TEA 15

Fernie Fog Liqueur | apple juice | lemon juice



MOCKTAILS

LAVENDER LEMONADE 7

made in-house and a crowd favourite

VIRGIN CAESAR 8

Clamato | lodge caesar mix | pickled bean

ICED COFFEE 8

Musica coffee | cream | maple syrup

FIRE BELLY ICED TEA 8

iced herbal tea with tropical fruit infusion | lemon | mint



BC HOUSE WINES

WINEMAKERS CUT SAUVIGNON BLANC

Oliver, B.C. | 15.60 glass 69 bottle

MEYER FAMILY VINEYARD PINOT NOIR

Okanagan Falls, B.C. | 16.50 glass 72 bottle

BARTIER BROS ROSE

Oliver, B.C. | 12 glass 60 bottle



LOCAL BEERS

FERNIE BREWING COMPANY

355ml can

Project 9, Pilsner	9.55
Hit the Deck, Hazy IPA	9.55
Headwall, Hazy Pale Ale	9.55
What The Huck, Berry Ale	9.55
Waymark West Coast, IPA	9.55
Campout, West Coast Pale	9.55

B.C. BEER & CIDER

355ml can

Kokanee	8.75
Whistler Forager	9.75
Mt Begbie Kolsch	9.55
Mt Begbie Tall Timber	9.55
Lone Tree Cider	9.75
Lone Tree Ginger	9.75
Old Style Pilsner	8.75



IMPORTS

Heineken	10.25
Stella Artois	10.25
Coors Light	8.75
Corona	10.25
Pabst	8.75

COOLERS

White Claw	9.55
------------	------

TALL CANS

FBC Rotating Sour	11.50
Guinness Stout	11.50
Stiegl Radler	11.50

0.5% OR LESS

FBC LOGO IPA	9.55
FBC LOGO Pilsner	9.55
Guinness 0%	11.50