



**Island Lake
Catskiing**

COVID-19 Safety Plan



Island Lake Lodge is committed to providing a safe and healthy workplace for all our employees. A combination of measures will be used to minimize worker exposure to COVID-19, including the most effective control technologies available. Our work procedures comply with the B.C. Workers Compensation Act and Occupational Health and Safety Regulations and will protect not only our workers, but also our guests who enter our facilities. All Employees will be trained in COVID-19 procedures specific to their department. All employees must follow the procedures outlined in this plan to prevent or reduce exposure to COVID-19.

COVID-19

COVID-19 is a new coronavirus that causes disease ranging from the common cold to more severe respiratory illness.

Symptoms

Key symptoms of COVID-19 include: Fever greater than 38 degrees Celsius, chills, cough, loss of sense of smell or taste, difficulty breathing.

Other symptoms may include: sore throat, Loss of appetite, extreme fatigue or tiredness, headache, body aches, nausea or vomiting, diarrhea.

People infected with COVID-19 may experience a range of symptoms from little or none to severe.

Transmission

COVID-19 is mainly spread by liquid droplets that come out of the mouth and nose when a person with the virus breathes, coughs, sneezes, talks, or sings. If in close contact to these droplets, the virus can enter the body through the mouth, nose or eyes and result in infection. Droplets come in a wide range of sizes and they behave differently depending on their size. Larger droplets are heavier, and they usually fall to the ground within two metres. Smaller droplets, also known as aerosols, are lighter and can float in the air for longer.

Even though COVID-19 can survive for hours or days on different surfaces, infection from contact with contaminated surfaces appears to be rare.

The risk of person-to-person transmission increases the closer you come to other people, the more time you spend near them and the more people you are exposed to.

Risk Assessment for COVID-19

Using WorkSafeBC Occupational Health and Safety Regulation Guidelines, we have determined the risk level of workplace exposure to COVID-19 to be moderate to low. The Island Lake Hazard and Risk Assessment provides a more detailed analysis of the risks associated with individual departments.

Risk Controls

Island Lake uses four distinct levels of control measures to mitigate COVID-19 risk. Whenever possible the protocol offering the highest level of protection is implemented.

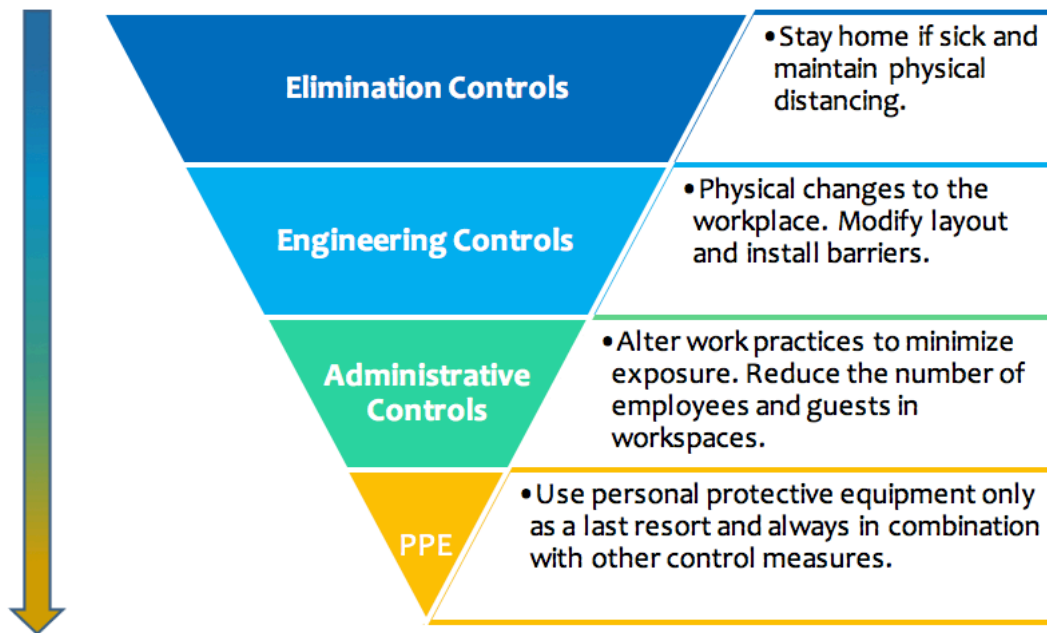
COVID-19 Safety Plan

May 2021



**Island Lake
Lodge**

Consider first



Consider as needed

Control Measures

- Limiting the number of employees and others in the workplace.
- Preventing sick employees from being at work:
 - Employees must follow company procedures if they are symptomatic or suspect they have come into contact with someone diagnosed with COVID-19.
 - All employees are instructed to stay at home if they are feeling unwell. If they start experiencing symptoms while at work, they should isolate themselves from others immediately, notify their supervisor and go home as soon as possible.
- Ensuring physical distancing (at least 2 metres).
- Minimizing interpersonal interactions. Modifying workplace layout and installing protective barriers in key locations. Improving air ventilation in confined spaces.
- Hand washing and enhanced workplace hygiene:
 - [Wash hands](#) often with soap and water for at least 20 seconds.
 - Hand sanitizer dispensers are in prominent places throughout the workplace.
 - Follow Cough/Sneeze Etiquette.
 - Enhanced cleaning and disinfecting of the Lodges and workplace.
- Personal Protective Equipment:
 - Personal Protective Equipment (PPE) is allocated to departments as necessary, complies with public health recommendations and is based on both the risk associated with a specific activity and the characteristics of the source of the infection.



- Safe work procedures and policies introduced to mitigate the risk of hazard exposure to the worker:
 - The Island Lake COVID-19 Safety Plan - Departmental Procedures document details work procedures specific to each department.
 - Employees are trained in the COVID-19 related policies and procedures, including up-to-date education and training on COVID-19 risk factors and protective behaviors.

Record Keeping

Our company keeps records of instruction and training provided to workers regarding COVID-19, as well as exposure reports and first aid records.

Review

This safety plan will be reviewed twice annually and updated as necessary in consultation with our joint health and safety committee or worker health and safety representative.

Additional Information

If employees have any concerns relating to being exposed to COVID-19 in the work place they may contact our joint Health and Safety Committee members or our CEO at info@islandlakeresorts.com

